

How do you use *Leeds Mental Health Directory*?

Leeds Mental Health Directory is a list of hundreds of organisations that work in mental health in Leeds. You can find it on this website. The list tells you what each organisation does, who it's for, and how to get in touch with it. It also tells you whether you can contact them yourself, or need to be sent by a professional, and whether they can work with you in any languages other than English. You can search through this list in a number of ways, including:-

- Name search: if you know the name of an organisation, but would like to know something else about it, such as the address
- Keyword search: if you want to find which organisations work on a particular issue (for example *depression*) or with a particular group of people (for example *Chinese people*)

Please click on 'Search Directory' (the tab near the top of the page on this website) if you would like to use *Leeds Mental Health Directory*.